

Smethport Area Elementary Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/24 French Toast Sticks OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	9/25 Iced Cinnamon Roll Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	9/26 Cream Cheese Filled Bagel Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	9/27 Yogurt with Belly Bears Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	9/28 French Toast Minis Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk
10/1 Blueberry Mini Muffin with Belly Bears OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/2 Mini Cinnis OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/3 Mini Maple Waffles OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/4 Confetti Pancakes OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/5 Fruit Frudel OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk
10/8 No School	10/9 Grape Filled Crescent OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/10 Egg and Cheese Breakfast Taco OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/11 Chocolate Chip Breakfast Bar OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/12 Zucchini Bread OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk
10/15 Glazed Goody Ring OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/16 Cinnamon Roll Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/17 Cream Cheese Filled Bagel Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/18 Yogurt with Belly Bears Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/19 French Toast Minis Or Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk
10/22 Blueberry Mini Muffin with Belly Bears OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/23 Mini Cinnis OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/24 Mini Maple Waffles OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/25 Confetti Pancakes OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk	10/26 Fruit Frudel OR Cereal with Belly Bears 100% Juice Fresh Fruit Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free White, Low Fat White, Fat Free Chocolate and Low Fat Strawberry



Whole Grains
Available Daily

Proud to manage your
food service program



Meal Prices:
Paid \$1.30
Reduced \$0.40
Adult \$2.00

The Smethport Area School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE